

How are we doing in Wales?

Public Engagement Survey on Health and Wellbeing during Coronavirus Measures

Week 68 (19th to 25th July 2021)

Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The survey interviews approximately 600 randomly selected individuals every other week. The survey includes a set of routine questions asked each survey week, with other questions changing depending on emerging issues. This week's survey included new questions relating to the ending of restrictions.

Survey data are adjusted to represent the Welsh population by age, sex and deprivation*.

We thank the people of Wales for giving us their valuable time to support this work.



607 Welsh residents aged 18 years and over were interviewed in week 68 of the survey (19th to 25th July 2021).

28%

of people said they were ‘not at all worried’ about the plan to end most coronavirus restrictions on 7th August. 31% were a little worried, 26% moderately worried and 15% very worried.

36%

of people said their concerns about climate change had increased since early last year (before the pandemic); up from 24% in the last survey week.*

13%

of people said they were very worried about catching coronavirus; up from 9% in the last survey week.*

When coronavirus restrictions end:

97% of people said they will continue to self-isolate if they have coronavirus symptoms.

91% of people said they will continue to sanitise their hands regularly.

75% of people said they will maintain social distancing around people they do not live with.

73% of people said they will avoid crowded places.

63% of people said they will avoid travelling abroad.

*Week 66, 5th to 14th July.

Do you think you have or have had coronavirus?

Yes	20%
Don't know	3%

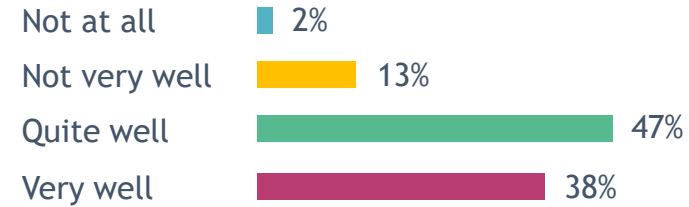
Have you been tested for coronavirus or had an antibodies test?

Had a coronavirus test	53%
Had an antibodies test	8%

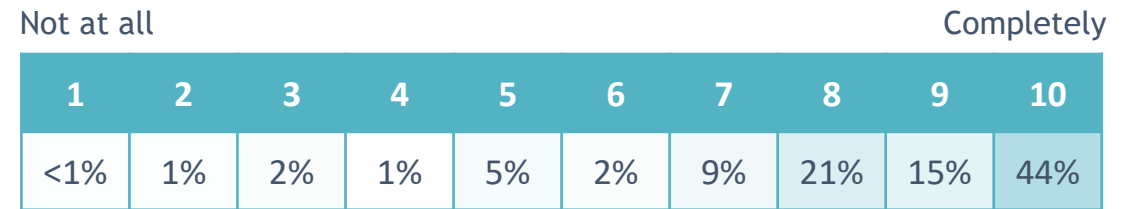
How worried are you that you could get coronavirus?

Not at all	29%
A little	36%
Moderately	22%
Very	13%

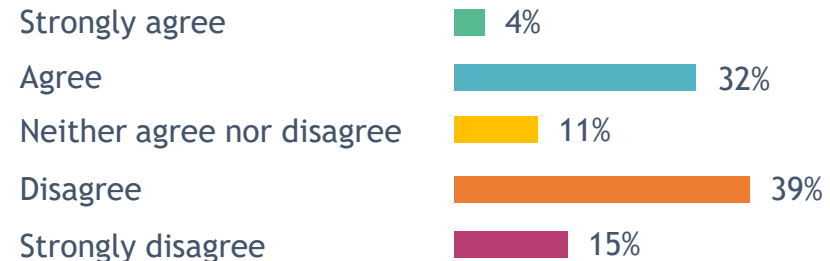
How well do you feel you understand the current restrictions in place in Wales to reduce the spread of coronavirus?



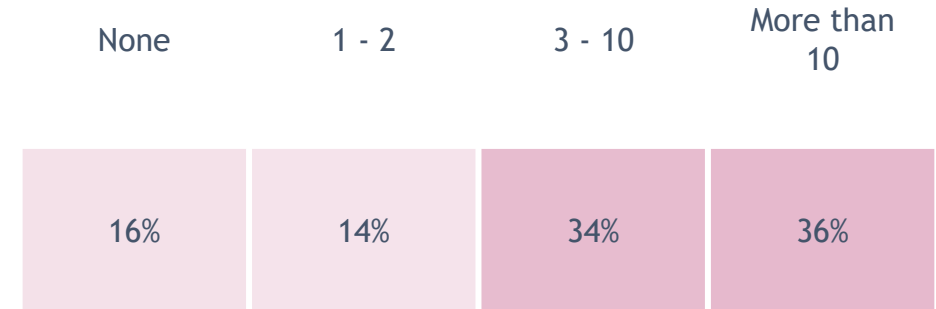
On a scale of 1 to 10 where 1 is *not at all* and 10 is *completely*, how much would you say you are following the restrictions?



I think most people are following social distancing guidelines



Apart from the people in your own household or your extended household, in the last 7 days, how many other people have you come into close contact with, meaning within one metre?



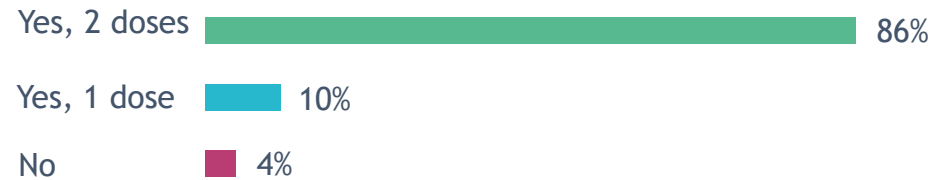
Apart from the people in your own household or your extended household, in the last 7 days, how many people have come into your house?



In the last 7 days, how many other people's houses have you been into - not including that of your extended household?

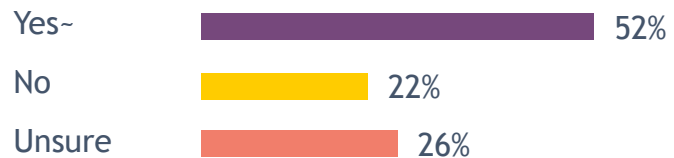


Have you received a vaccine for coronavirus?



*For those with children in the household**

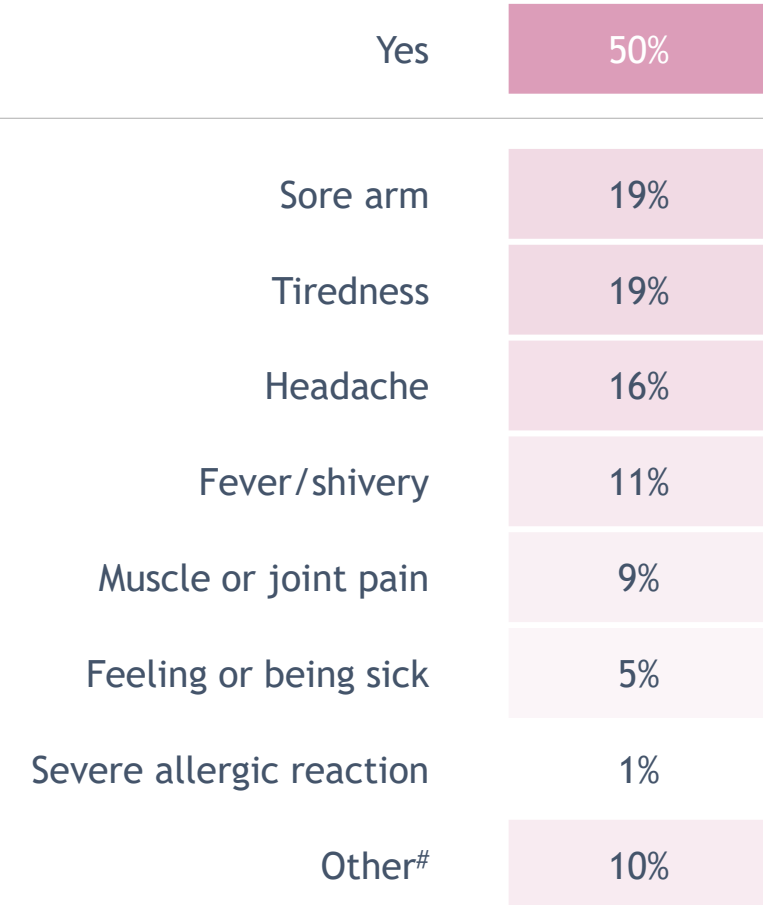
If you have children aged under 18, would you want your children to receive a coronavirus vaccination?



*Unweighted data; ~Includes those already vaccinated.

Of people that have received at least one vaccine dose*

Did you experience any reactions to the vaccine?



*Unweighted data, n=590; #Including general flu like symptoms.

How much do you think the vaccine...

...protects you from being infected with coronavirus?

...protects you from becoming seriously ill if you do catch coronavirus?

...reduces the risk of you infecting others with coronavirus?

	Not at all	A little	A lot	Completely
...protects you from being infected with coronavirus?	9%	29%	55%	7%
...protects you from becoming seriously ill if you do catch coronavirus?	5%	18%	65%	13%
...reduces the risk of you infecting others with coronavirus?	15%	34%	46%	5%

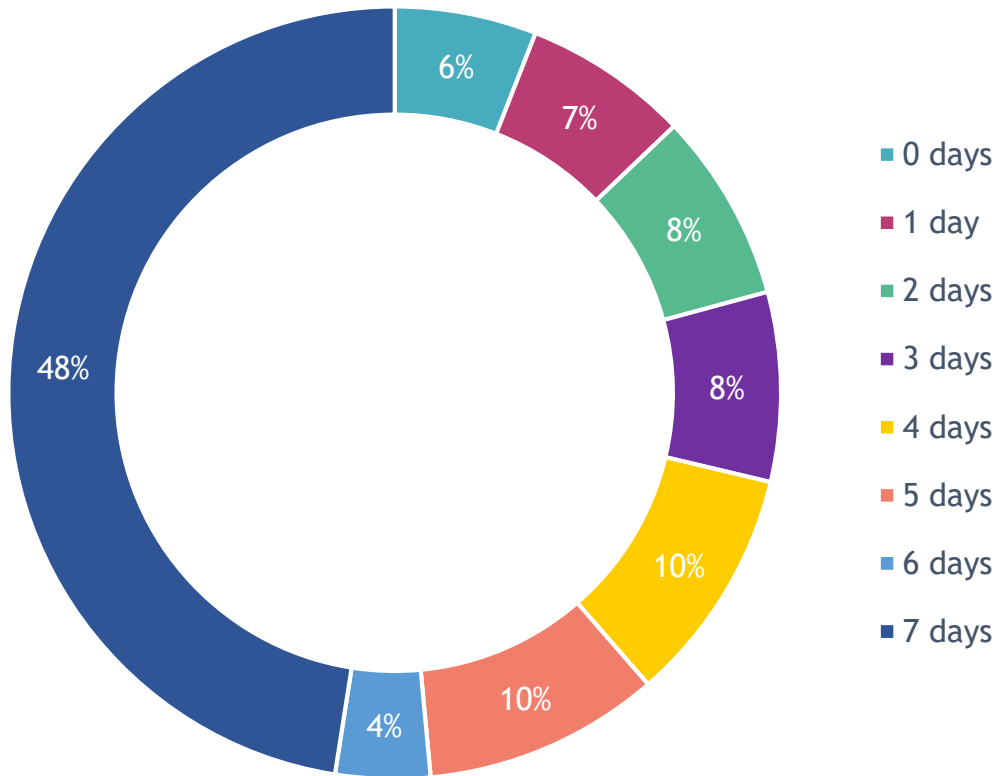
Do you agree or disagree with the following statements?

People who have had both vaccines should be able to meet each other without wearing face coverings or socially distancing

People who have had both vaccines should not have to wear face coverings or socially distance at all

	Agree	Disagree
People who have had both vaccines should be able to meet <u>each other</u> without wearing face coverings or socially distancing	47%	53%
People who have had both vaccines should not have to wear face coverings or socially distance <u>at all</u>	24%	76%

In the past 7 days, on how many days have you left your home or garden?



In the past 7 days, on how many days have you left your home...

	0 days	1-2 days	3-4 days	5+ days
...to work	57%	9%	11%	24%
...to shop	22%	49%	19%	10%
...to exercise	44%	16%	15%	26%
...to meet family/friends	42%	43%	10%	5%
...to eat at a café, pub or restaurant	65%	29%	4%	1%

How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are...

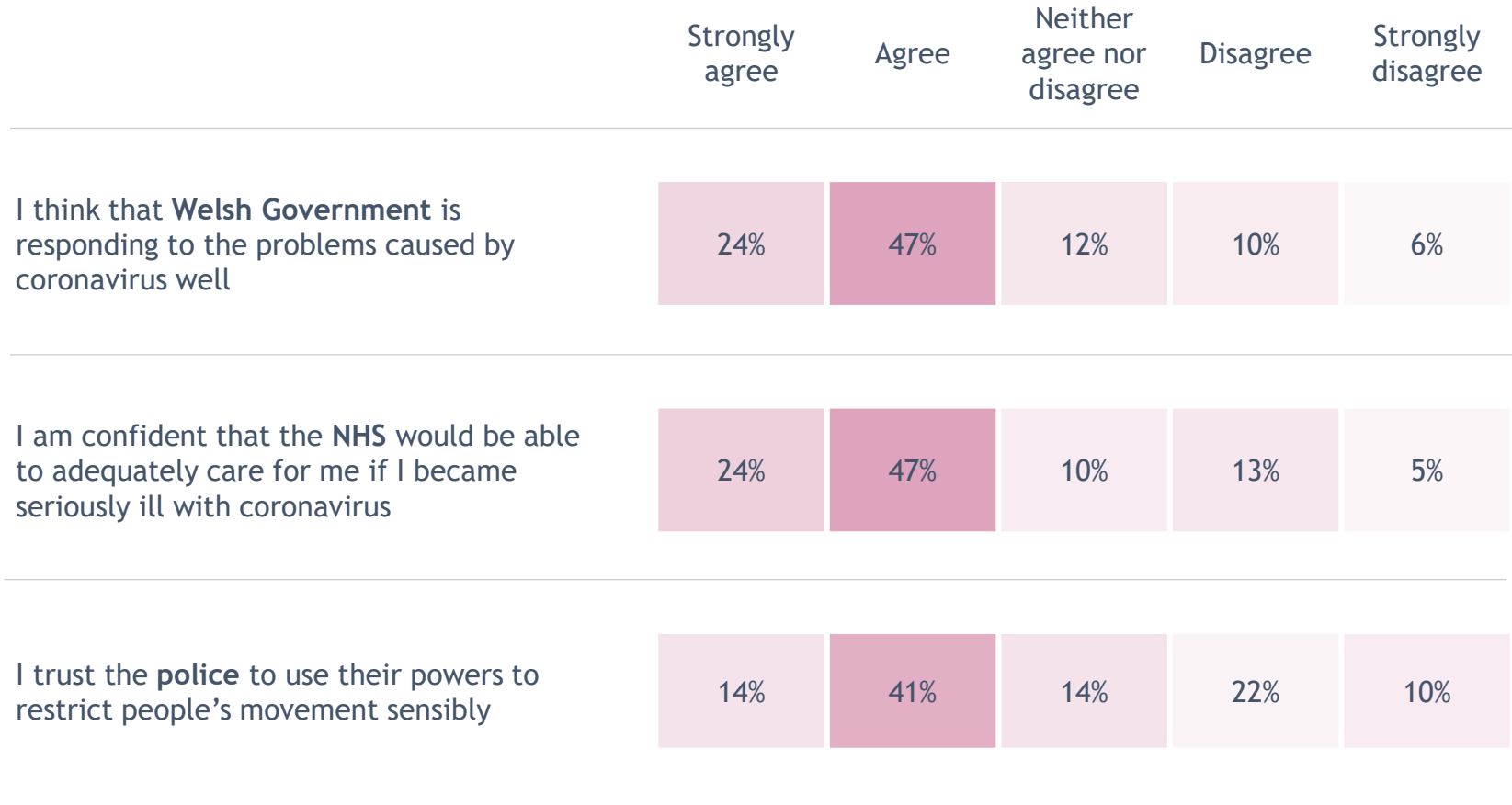
Too little 12%



About right 72%



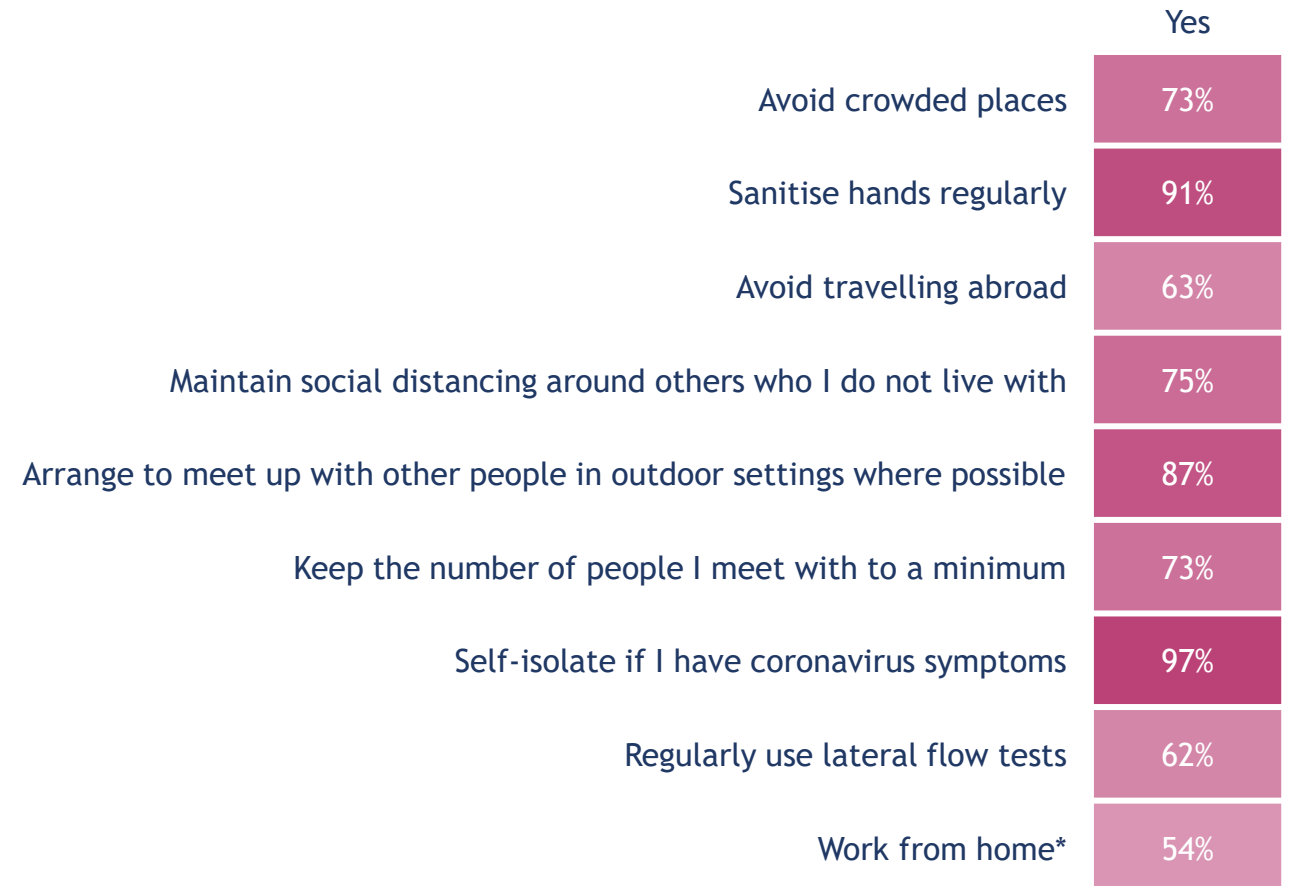
Too much 16%



How worried or unworried are you about the plan to end most coronavirus restrictions in Wales on the 7th August?



When coronavirus restrictions end, which of these, if any, do you think you will still do?



*Unweighted data, excluding those responding 'not applicable', n=207.

What are we worried about?

Over the past week, how much have the following been worrying you?

	Not at all	A little	A lot
Losing someone you love to the virus	46%	31%	23%
The wellbeing of your children*#~	25%	29%	45%
Your children's education*#~	22%	28%	51%
Losing your job or not being able to find one#~	70%	15%	15%
Your finances	67%	17%	16%
Going out in public places#	44%	41%	15%
The impacts of Brexit	59%	26%	15%

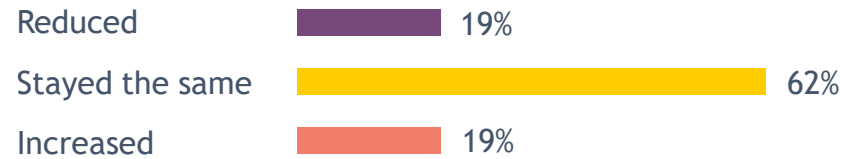
*Limited to those with children in the household; #Excludes those responding 'not applicable'; ~Unweighted data.

Compared to early last year, before the coronavirus situation, would you say the following are...

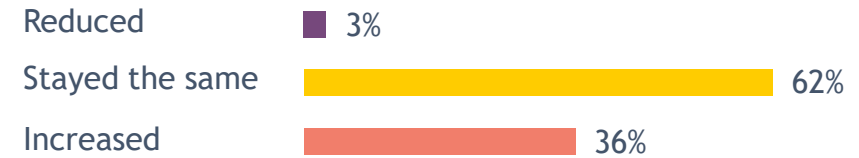
	Much better	A bit better	The same	A bit worse	Much worse
Your physical health	10%	9%	52%	21%	9%
Your physical fitness	10%	10%	45%	22%	12%
Your mental health	5%	6%	57%	22%	10%
Your dental health	2%	3%	68%	22%	5%
Your family relationships	6%	11%	68%	12%	3%
Your social relationships	4%	3%	46%	35%	12%
Your financial situation	7%	13%	63%	10%	7%
Your employment or work prospects	6%	5%	78%	4%	7%

Compared to early last year, before the coronavirus situation, would you say the following have reduced, stayed the same or increased?

Your alcohol consumption



Your concerns about climate change



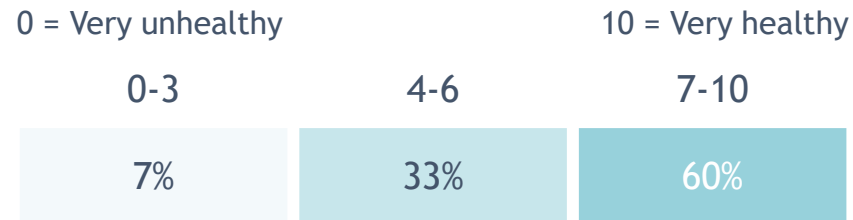
Your weight



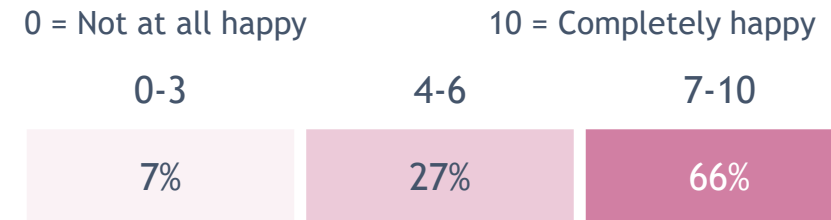
Of this list of potential policy areas, which do you think should be the first, second and third priorities over the next 12 months?

	1 st priority	2 nd priority	3 rd priority	Included in top three priorities
NHS waiting lists	36%	25%	20%	82%
Coronavirus	31%	16%	12%	58%
Education	12%	20%	20%	52%
Mental health	9%	17%	14%	40%
Climate change	8%	12%	14%	34%
Unemployment	3%	6%	11%	20%
Brexit	2%	5%	8%	14%

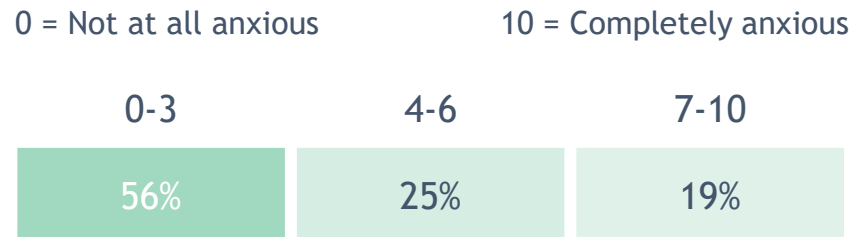
How healthy do you feel today?



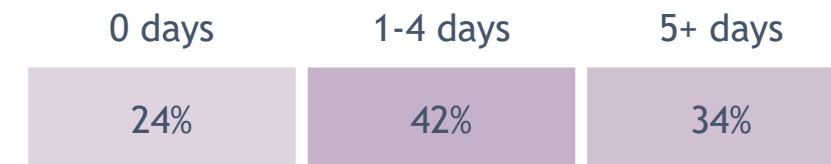
How happy do you feel today?



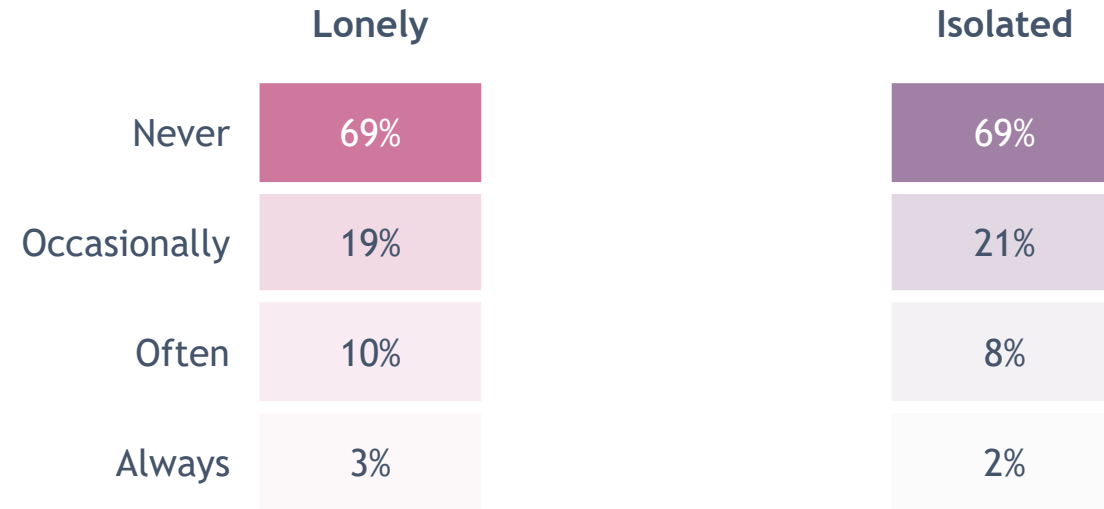
How anxious do you feel today?



On how many days in the last week did you do at least 30 minutes physical activity (enough to make you out of breath)?

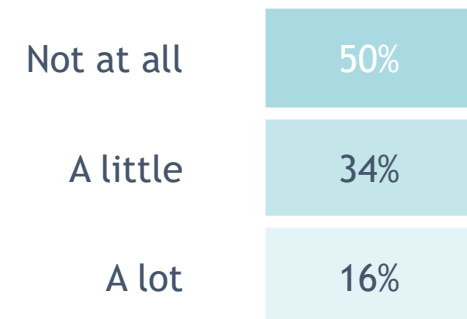


In the last week, how often have you felt...



Over the past week, how much has the following been worrying you?

Your mental health and wellbeing



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How are you doing?

For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:
phw.nhs.wales/howareyoudoing

