

How are we doing in Wales?

Public Engagement Survey on Health and Wellbeing during Coronavirus Measures

Week 74 (30th August to 5th September 2021)

Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The survey interviews approximately 600 randomly selected individuals every other week. The survey includes a set of routine questions asked each survey week, with other questions changing depending on emerging issues. Survey data are adjusted to represent the Welsh population by age, sex and deprivation*.

We thank the people of Wales for giving us their valuable time to support this work.



600 Welsh residents aged 18 years and over were interviewed in week 74 of the survey (30th August to 5th September 2021).

41%

of people said they had washed their hands with soap and water or used hand sanitiser more than 10 times yesterday; compared with 53% a year ago.*

30%

of people said they had been for a drink in a pub or bar on at least one day in the last week.

54%

of people said they had been worrying about the impacts of Brexit in the past week (31% worrying ‘a little’ and 23% worrying ‘a lot’).#

62%

of people said they think we will see restrictions such as social distancing and pub closures brought back in Wales at some point in the next 6 months.

When asked which of the following three issues they considered to be most important for the future of Wales:

52% of people chose **improving health care so that people can live healthier lives for longer.**

29% of people chose **protecting the planet for future generations.**

19% of people chose **making society more equal and fairer for all people.**

Do you think you have or have had coronavirus?

Yes	21%
Don't know	6%

How worried are you that you could get coronavirus?

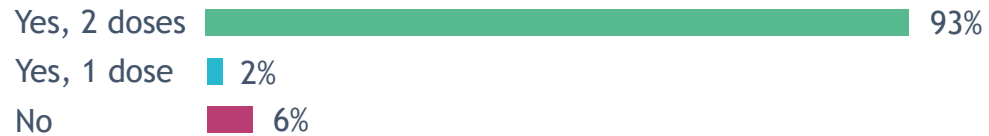
Not at all	25%
A little	31%
Moderately	32%
Very	13%

During the pandemic, have you lost a family member or friend who has died from coronavirus infection?*

No	79%
Yes, family member	11%
Yes, friend	9%

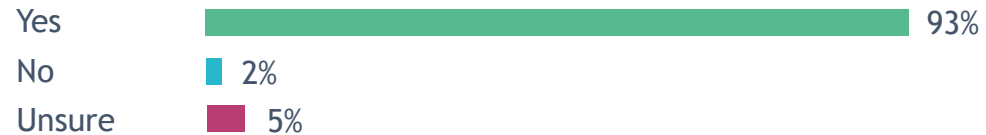
*1% responded 'prefer not to say'.

Have you received a vaccine for coronavirus?



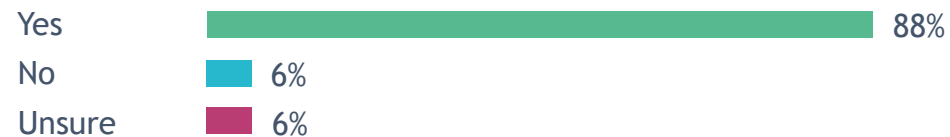
*Of participants that have had two coronavirus vaccine doses**

If you were offered a booster jab for coronavirus, would you want to have one?



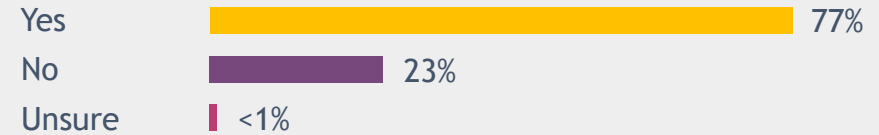
*Of participants that have had two doses and want both a booster and flu jab***

Would you be happy to have a coronavirus booster jab at the same time as your winter flu jab?

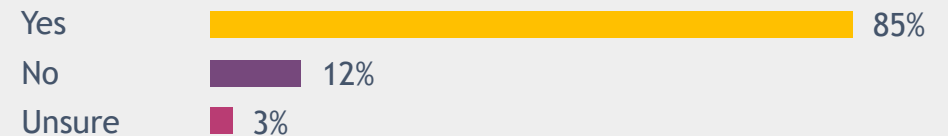


*Of all those aged 50 and over***

Did you have a flu vaccine last winter?

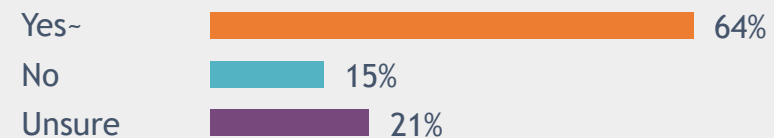


Do you intend to have a flu vaccine this winter?

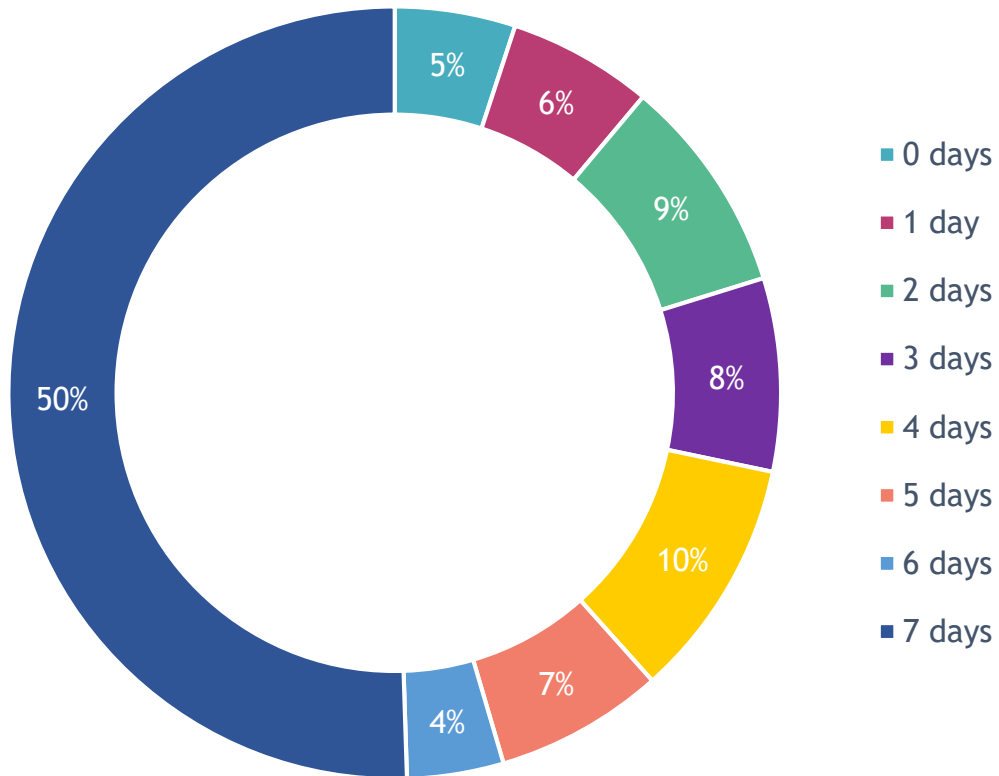


*Of those with children in the household**

If you have children aged under 18, would you want your children to receive a coronavirus vaccination?



In the past 7 days, on how many days have you left your home or garden?



In the past 7 days, on how many days have you left your home...

	0 days	1-2 days	3-4 days	5+ days
...to work	68%	8%	10%	14%
...to shop	14%	54%	19%	12%
...to exercise	41%	17%	13%	28%
...to meet family/friends	31%	36%	23%	10%
...to eat at a café, pub or restaurant	57%	32%	8%	3%
...for a drink in a pub or bar	70%	23%	6%	1%

Over the past week, how much have the following been worrying you?

	Not at all	A little	A lot
Losing someone you love to the virus	43%	33%	24%
The wellbeing of your children ^{*#} ~	28%	42%	30%
Your children's education ^{*#} ~	20%	33%	47%
Losing your job or not being able to find one [#] ~	78%	12%	9%
Your finances	69%	20%	11%
Going out in public places [#]	32%	43%	25%
The impacts of Brexit	46%	31%	23%

Compared to early last year, before the coronavirus situation, would you say your quality of life has...?



How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are...

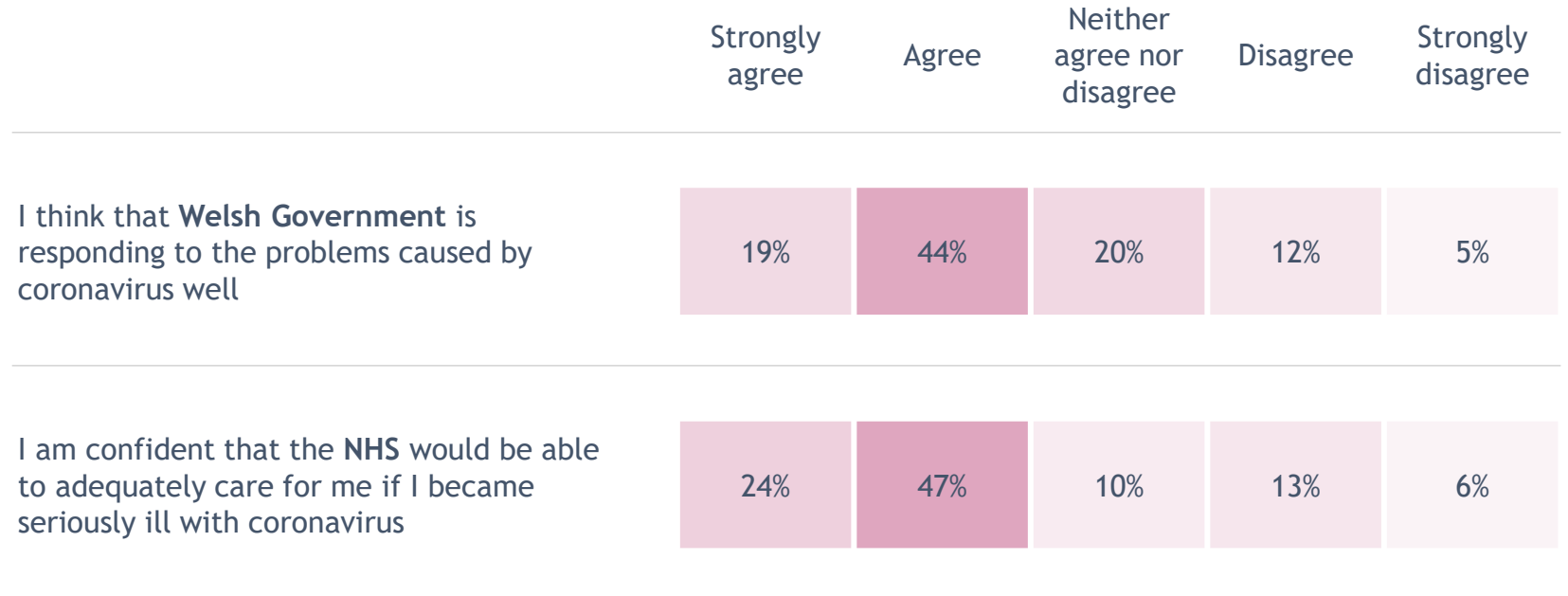
Too little 23%



About right 69%



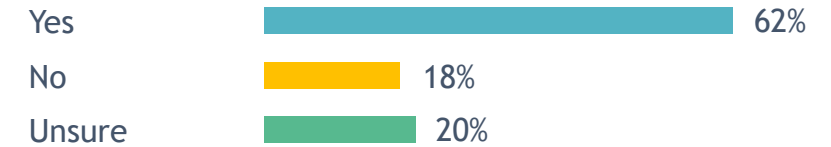
Too much 8%



Do you support the continued requirement for face coverings in shops and other indoor public places in Wales?



Do you think we will see other restrictions such as social distancing and pub closures brought back in Wales at any point in the next 6 months?



Do you think restrictions should come back if:

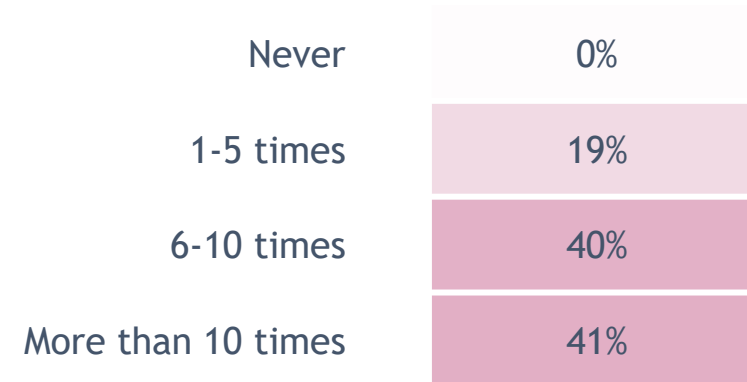
	Yes	No
Coronavirus infections start increasing again	73%	27%
Hospitalisations for coronavirus started increasing again	88%	12%
Deaths for coronavirus started increasing again	91%	9%
A new strain of coronavirus emerged	78%	22%

Now that most coronavirus restrictions have ended, which of these, if any, are you continuing to do?



*Unweighted data, excludes those responding 'not applicable'.

Approximately how many times yesterday did you wash your hands with soap and water or use hand sanitiser?



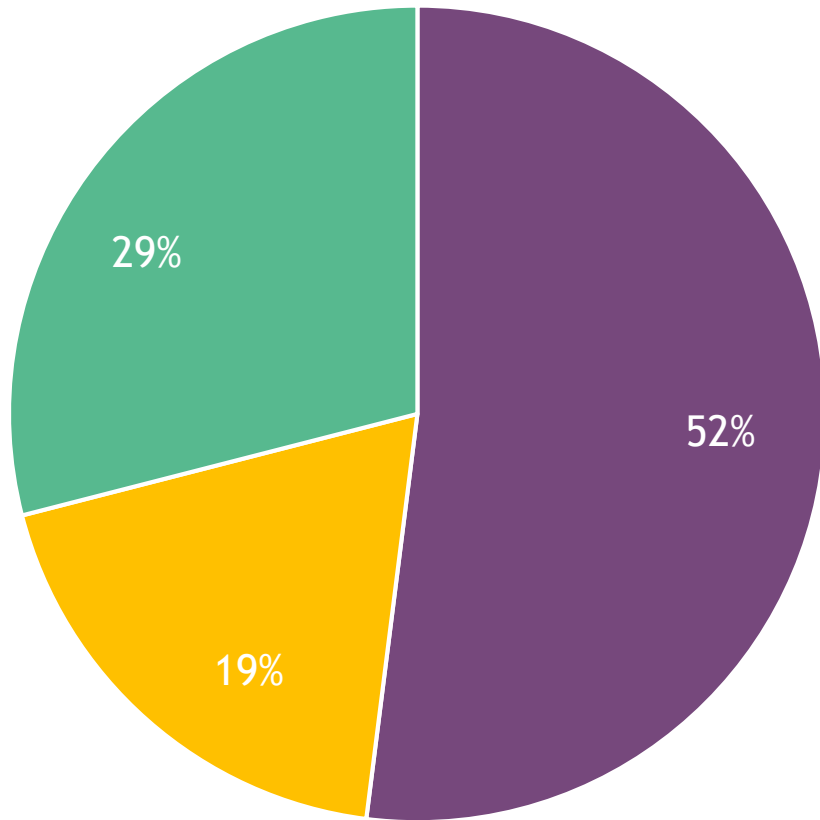
Of this list of potential policy areas, which do you think should be the first, second and third priorities over the next 12 months?

	1 st priority	2 nd priority	3 rd priority	Included in top three priorities
NHS waiting lists	38%	25%	13%	76%
Coronavirus	26%	19%	18%	63%
Mental health	14%	16%	18%	48%
Education	8%	16%	17%	41%
Climate change	8%	11%	16%	34%
Brexit	4%	8%	11%	22%
Unemployment	3%	6%	8%	16%

During the pandemic, Public Health Wales has focused on controlling coronavirus. Looking forward, as we come out of the pandemic we'd like to understand which issues you think it will be most important for Public Health Wales to address. For each of the following, please say if you think it is:

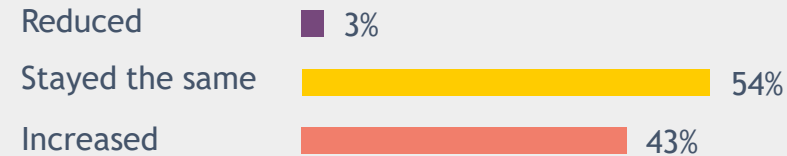
	Not so important	Somewhat important	Very important	Extremely important
Preventing cancer	1%	5%	36%	58%
Supporting families to give children the best start in life	1%	7%	37%	55%
Preventing violence	3%	10%	37%	49%
Improving mental wellbeing	2%	14%	37%	47%
Protecting people from infectious diseases	2%	14%	40%	44%
Reducing obesity	3%	19%	42%	36%
Reducing the impacts of climate change	8%	18%	31%	43%
Increasing physical activity	6%	27%	45%	22%
Helping people to stop smoking	22%	31%	27%	20%
Reducing harm from alcohol use	14%	40%	28%	18%

Thinking about the future of Wales, in your opinion which of these three issues would be most important?



- Improving health care so that people can live healthier lives for longer
- Making society more equal and fairer for all people
- Protecting the planet for future generations

Compared to early last year, before the coronavirus situation, would you say your concerns about climate change have...?

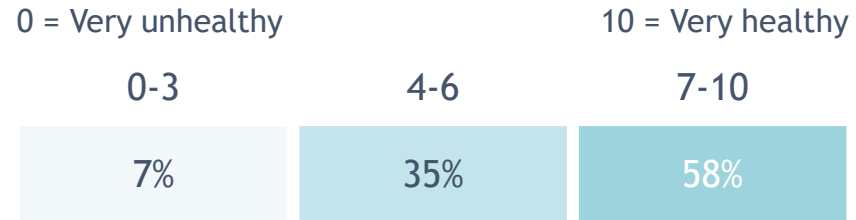


Compared to how you lived before coronavirus, after the pandemic which of the following changes do you think you will make to your life:

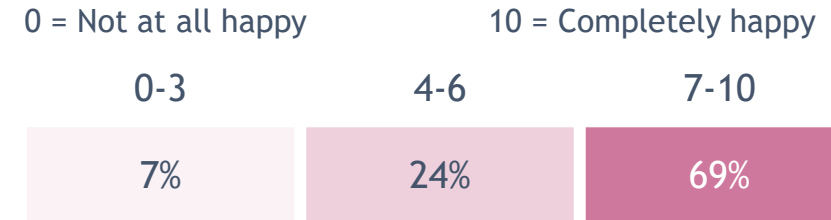
	No	Yes	Already doing this before the pandemic
Do more shopping online	42%	51%	7%
Live a healthier lifestyle, such as by exercising more and eating healthier food	20%	61%	18%
Walk, cycle or use public transport more, rather than driving	49%	42%	10%
Spend more time with family and friends	18%	74%	9%
Try to retire earlier*	48%	47%	5%
Live in a more environmentally friendly way	12%	73%	14%
Engage more in my local community	40%	50%	10%
Do more to improve or protect my mental wellbeing	14%	79%	6%

*Excludes those who are already retired. Unweighted data.

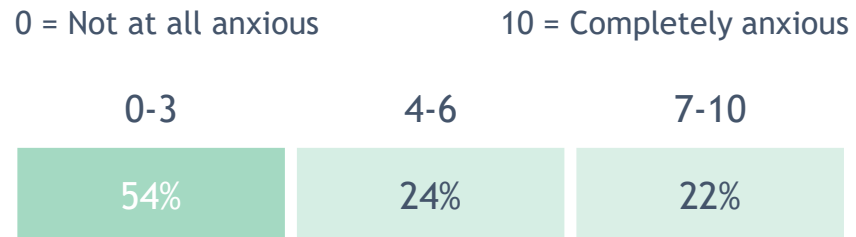
How healthy do you feel today?



How happy do you feel today?



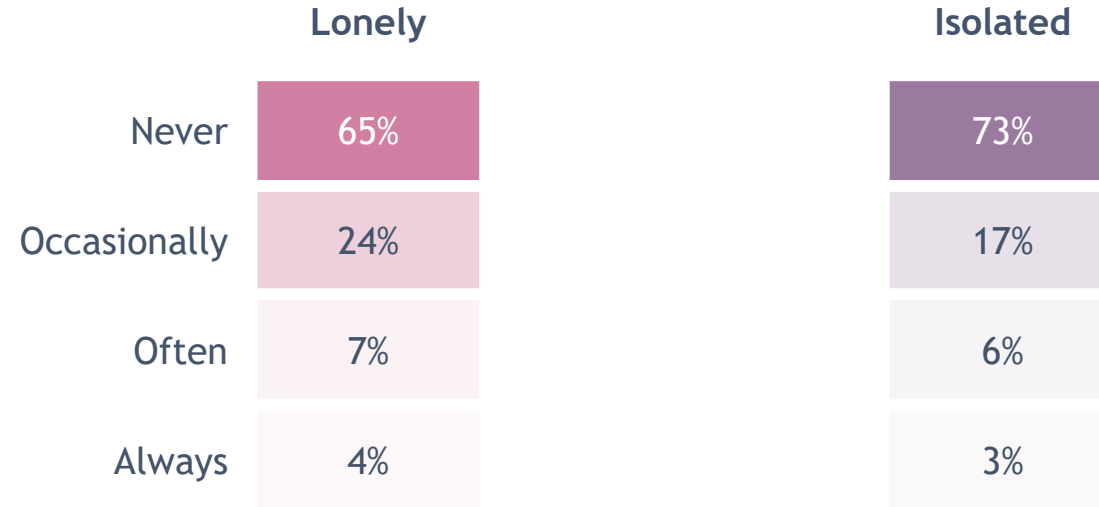
How anxious do you feel today?



On how many days in the last week did you do at least 30 minutes physical activity (enough to make you out of breath)?

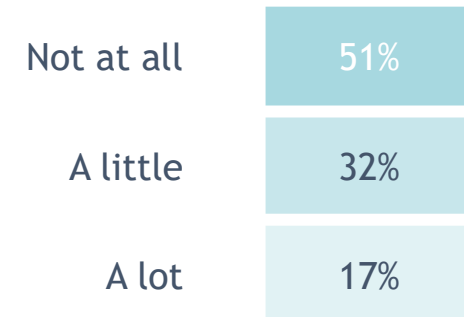


In the last week, how often have you felt...



Over the past week, how much has the following been worrying you?

Your mental health and wellbeing



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How are you doing?

For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:
phw.nhs.wales/howareyoudoing

