

How are we doing in Wales?

Public Engagement Survey on Health and Wellbeing during Coronavirus Measures

Week 78 (27th September to 4th October 2021)

Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The survey interviews approximately 600 randomly selected individuals every other week. The survey includes a set of routine questions asked each survey week, with other questions changing depending on emerging issues. This week's survey included new questions on the NHS COVID Pass and actions people would take if they had a cold.

Survey data are adjusted to represent the Welsh population by age, sex and deprivation*.

We thank the people of Wales for giving us their valuable time to support this work.



607 Welsh residents aged 18 years and over were interviewed in week 78 of the survey (27th September to 4th October 2021*).

67%

of people strongly agreed with the policy requiring people in Wales to show an NHS COVID Pass or recent negative lateral flow test in order to attend nightclubs or large events. A further 24% of people somewhat agreed whilst 9% disagreed.

34%

of people said this requirement would make them more likely to attend nightclubs or large events; 7% said it would make them less likely to attend; 28% said it would make no difference; and 31% said they would not attend anyway.

When asked what they would do if they got a cold: #

- 61% of people said they would stay at home and avoid contact with people outside their household
- 72% of people said they would take a lateral flow test
- 47% of people said they would get a PCR test
- 17% of people said they would call NHS111
- 19% of people said they would go to a pharmacy
- 18% of people said they would get a GP consultation
- 10% of people said they would do none of the above but carry on with their life as normal

Do you think you have or have had coronavirus?

Yes	18%
Don't know	4%

How worried are you that you could get coronavirus?

Not at all	24%
A little	30%
Moderately	32%
Very	13%

During the past two weeks, have you experienced any of the following:

A cough	18%
A cold (i.e. runny nose or sneezing)	19%
Sore throat	14%
Chest infection	7%
Stomach bug (e.g. sickness/diarrhoea)	4%
Flu or flu-like symptoms	9%
<i>Any of the above</i>	31%

Of those experiencing any symptom*

When you first got these symptoms, please can you tell me whether you did any of the following?

Stayed at home and avoided contact with people outside your household	59%
Took a lateral flow test	60%
Got a PCR test	33%
Called NHS111	6%
Went to a pharmacy	8%
Got a consultation with a GP	13%
None of the above, carried on with life as normal	16%

*Unweighted data, n=159; participants could report more than one action.

If you got a cold now, which of the following would you do?*

Stay at home and avoid contact with people outside your household

61%

Take a lateral flow test

72%

Get a PCR test

47%

Call NHS111

17%

Go to a pharmacy

19%

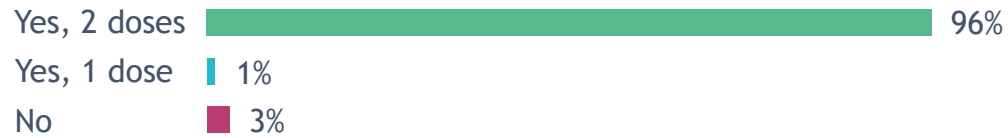
Get a consultation with a GP

18%

None of the above, carry on with life as normal

10%

Have you received a vaccine for coronavirus?



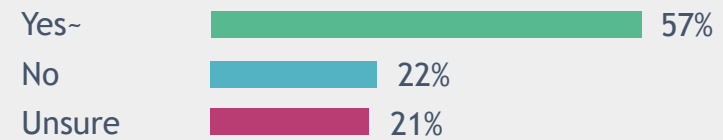
*Of participants that have had two coronavirus vaccine doses**

If you were offered a booster jab for coronavirus, would you want to have one?



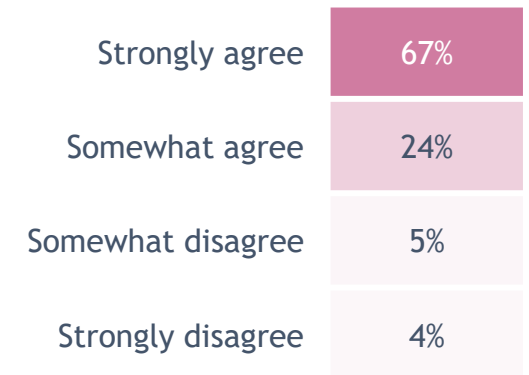
*Of those with children in the household**

If you have children aged under 18, would you want your children to receive a coronavirus vaccination?

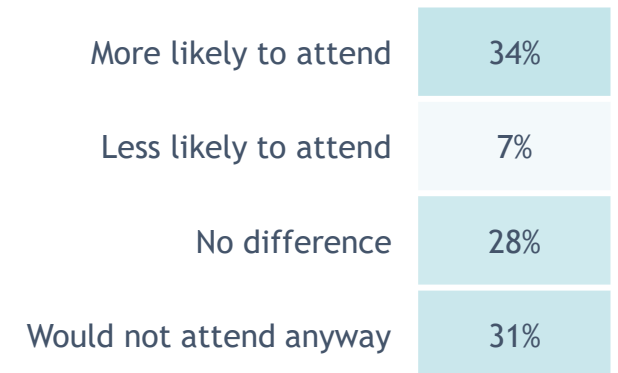


*Unweighted data; -Includes those already vaccinated.

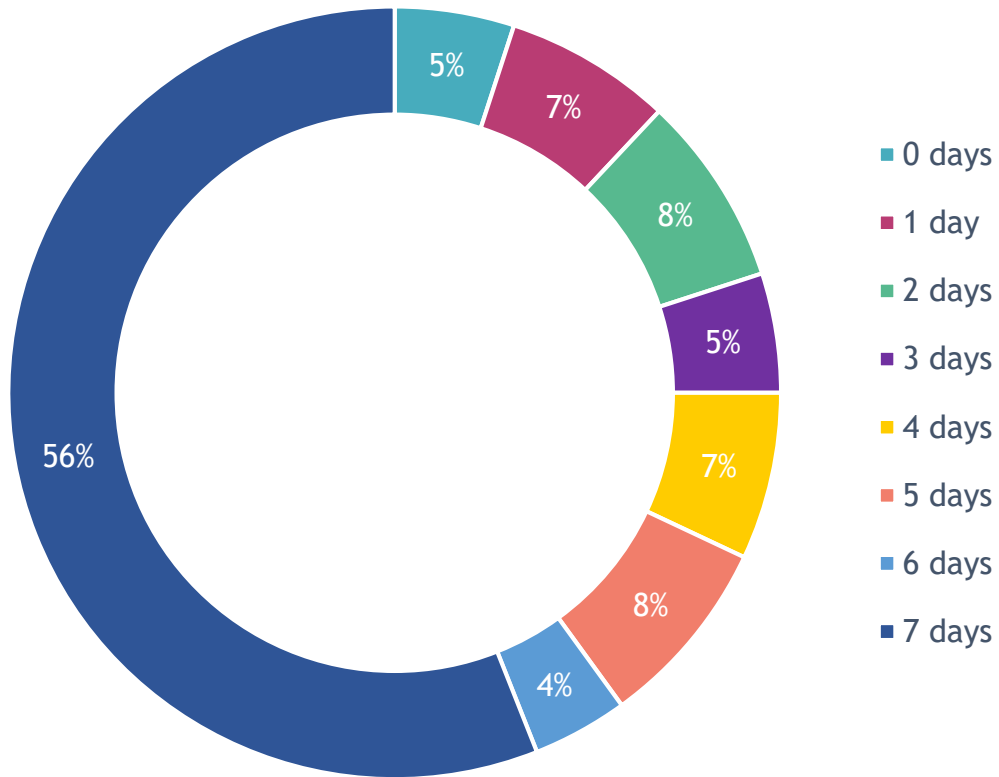
Soon, people in Wales will have to show either an NHS COVID Pass proving they are fully vaccinated, or a negative lateral flow test, in order to go to nightclubs or large events such as concerts. How much do you agree with this policy?



Will the requirement to show an NHS COVID pass or negative lateral flow test make you more or less likely to attend a large event or nightclub?



In the past 7 days, on how many days have you left your home or garden?



In the past 7 days, on how many days have you left your home...

	0 days	1-2 days	3-4 days	5+ days
...to work	56%	6%	10%	27%
...to shop	20%	50%	15%	14%
...to exercise	41%	20%	12%	28%
...to meet family/friends	45%	38%	9%	9%
...to eat at a café, pub or restaurant	62%	31%	5%	2%
...for a drink in a pub or bar	76%	20%	2%	2%

What are we worried about?

Over the past week, how much have the following been worrying you?

	Not at all	A little	A lot
Other health issues not related to coronavirus	58%	25%	17%
Losing someone you love to the virus	44%	31%	25%
The wellbeing of your children*#~	24%	33%	43%
Your children's education*#~	34%	24%	42%
Losing your job or not being able to find one#~	76%	14%	9%
Your finances	69%	19%	12%
Going out in public places#	44%	41%	16%
The impacts of Brexit	50%	33%	17%

*Limited to those with children in the household; #Excludes those responding 'not applicable'; ~Unweighted data.

Compared to early last year, before the coronavirus situation, would you say your quality of life has...?



How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are...

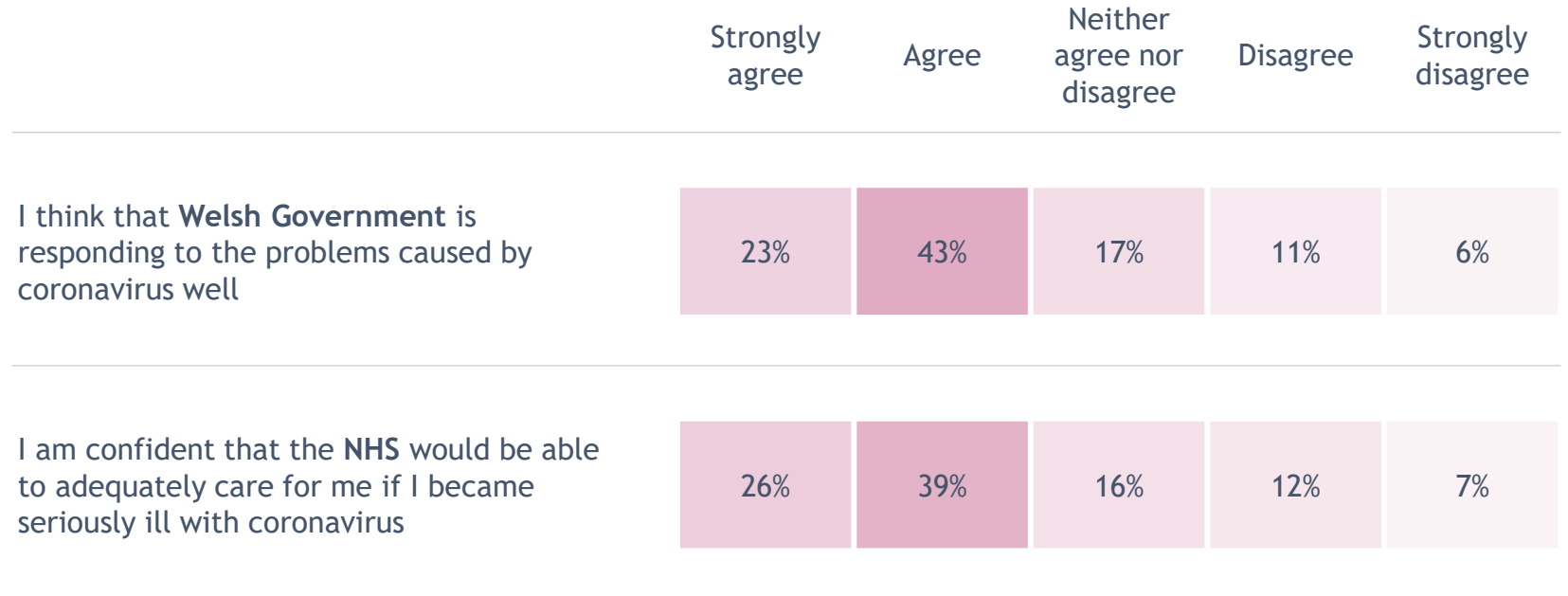
Too little 22%



About right 69%



Too much 9%



Do you support the continued requirement for face coverings in shops and other indoor public places in Wales?

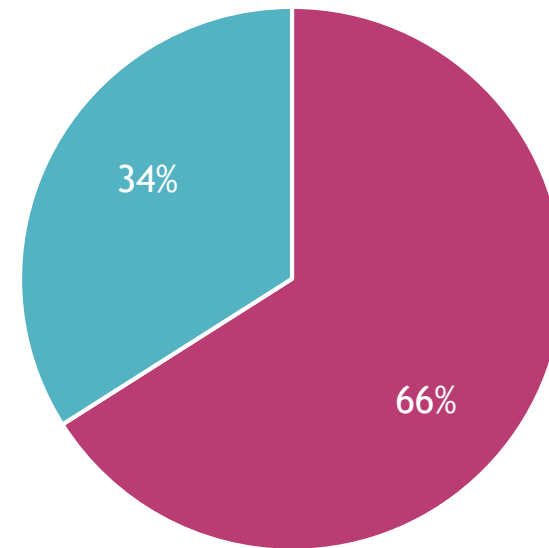


Do you think we will see other restrictions such as social distancing and pub closures brought back in Wales at any point in the next 6 months?



Which of these would worry you more?

- Catching coronavirus
- Wales going back into lockdown



Now that most coronavirus restrictions have ended, which of these, if any, are you continuing to do?



*Unweighted data, excludes those responding 'not applicable'.

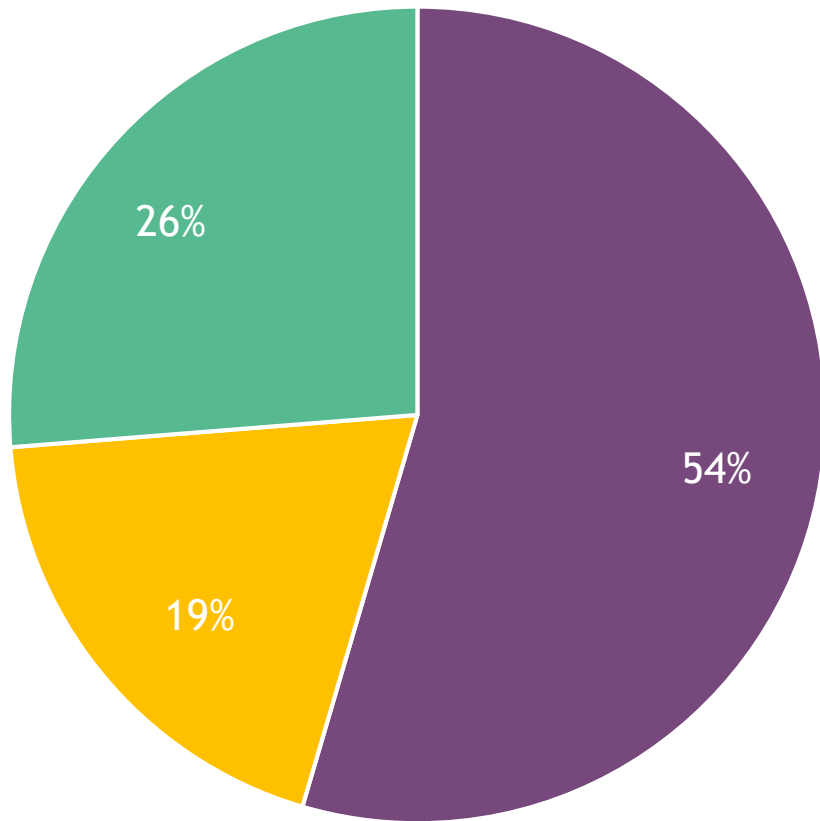
Of this list of potential policy areas, which do you think should be the first, second and third priorities over the next 12 months?

	1 st priority	2 nd priority	3 rd priority	Included in top three priorities
NHS waiting lists	34%	24%	13%	71%
Coronavirus	32%	20%	14%	65%
Mental health	9%	18%	20%	47%
Education	9%	14%	17%	40%
Climate change	8%	9%	10%	27%
Brexit	6%	7%	12%	25%
Unemployment	2%	7%	14%	23%

During the pandemic, Public Health Wales has focused on controlling coronavirus. Looking forward, as we come out of the pandemic we'd like to understand which issues you think it will be most important for Public Health Wales to address. For each of the following, please say if you think it is:

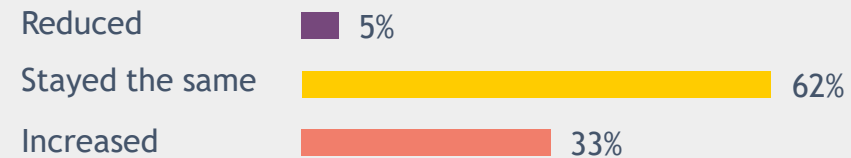
	Not so important	Somewhat important	Very important	Extremely important
Preventing cancer	1%	3%	31%	65%
Supporting families to give children the best start in life	2%	6%	38%	54%
Preventing violence	2%	6%	38%	54%
Improving mental wellbeing	2%	10%	40%	48%
Protecting people from infectious diseases	2%	12%	40%	46%
Reducing obesity	3%	20%	35%	42%
Reducing the impacts of climate change	7%	18%	35%	41%
Increasing physical activity	5%	26%	40%	28%
Reducing harm from alcohol use	13%	36%	29%	22%
Helping people to stop smoking	23%	30%	24%	23%

Thinking about the future of Wales, in your opinion which of these three issues would be most important?



- Improving health care so that people can live healthier lives for longer
- Making society more equal and fairer for all people
- Protecting the planet for future generations

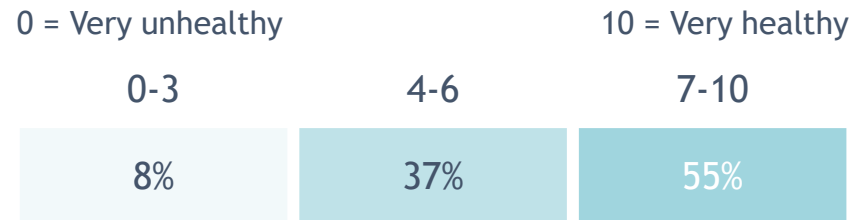
Compared to early last year, before the coronavirus situation, would you say your concerns about climate change have...?



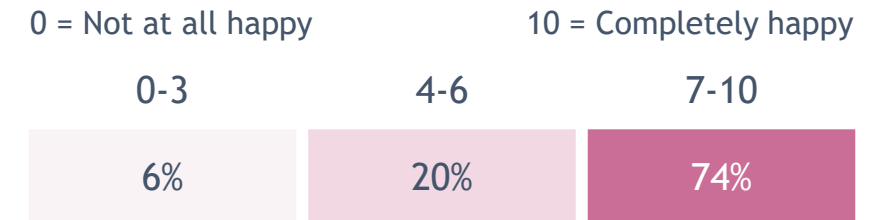
Compared to how you lived before coronavirus, after the pandemic which of the following changes do you think you will make to your life:

	No	Yes	Already doing this before the pandemic
Live a healthier lifestyle, such as by exercising more and eating healthier food	23%	57%	20%
Walk, cycle or use public transport more, rather than driving	45%	43%	12%
Spend more time with family and friends	18%	72%	10%
Live in a more environmentally friendly way	19%	64%	17%
Engage more in my local community	47%	45%	8%
Do more to improve or protect my mental wellbeing	20%	71%	9%

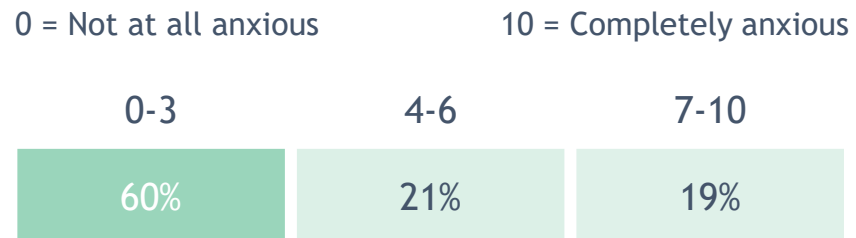
How healthy do you feel today?



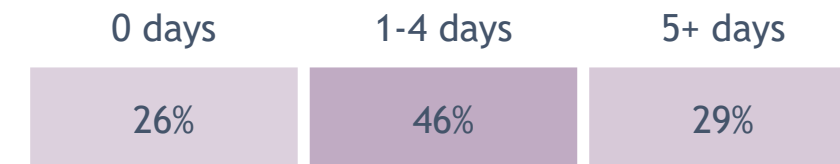
How happy do you feel today?



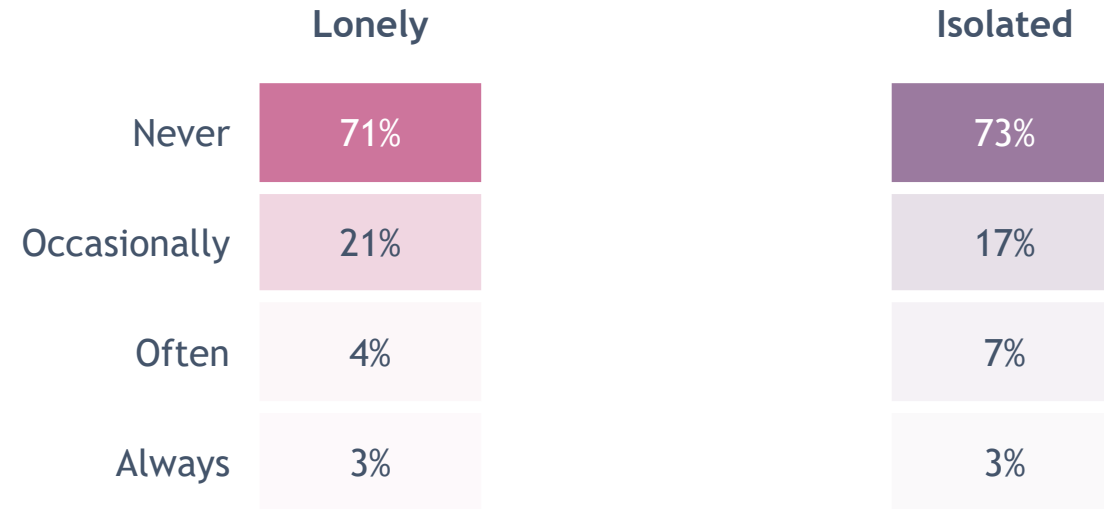
How anxious do you feel today?



On how many days in the last week did you do at least 30 minutes physical activity (enough to make you out of breath)?

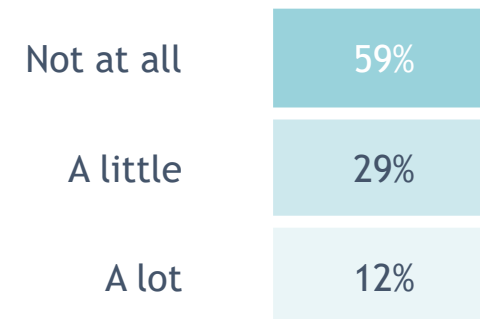


In the last week, how often have you felt...



Over the past week, how much has the following been worrying you?

Your mental health and wellbeing



Published 8th October 2021

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How are you doing?

For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:
phw.nhs.wales/howareyoudoing



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