

# How are we doing in Wales?

Public Engagement Survey on Health and  
Wellbeing during Coronavirus Measures

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December 2021

Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The survey began in April 2020 and currently operates on a monthly basis. It includes a set of routine questions with other questions changing depending on emerging issues.

Survey data are adjusted to represent the Welsh population by age, sex and deprivation\*.

We thank the people of Wales for giving us their valuable time to support this work.



512 Welsh residents aged 18 years and over were interviewed in December 2021\*

## 12%

of people said they were ‘very worried’ about catching coronavirus. This compares with 24% in the last survey of December 2020<sup>#</sup>.

## 29%

of people said, over the past week, they had been worrying ‘a lot’ about losing someone they love to coronavirus. This compares with 57% in the last survey of December 2020<sup>#</sup>.

## 14%

of people said, over the past week, they had been worrying ‘a lot’ about their mental health and wellbeing. This compares with 24% in the last survey of December 2020<sup>#</sup>.

## 70%

of people reported regularly using lateral flow tests; up from 55% in the last survey round (27<sup>th</sup> September to 4<sup>th</sup> October 2021).

## 85%

of people agreed with the policy requiring individuals to show either an NHS COVID Pass proving they are fully vaccinated, or a negative lateral flow test, in order to go to cinemas or theatres (66% strongly agree, 19% somewhat agree); 15% disagreed with the policy (8% strongly disagree, 7% somewhat disagree).

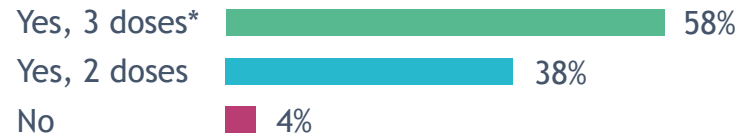
Do you think you have or have had coronavirus?

Yes	23%
Don't know	4%

How worried are you that you could get coronavirus?

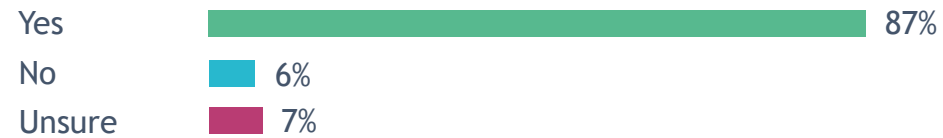
Not at all	23%
A little	34%
Moderately	32%
Very	12%

## Have you received a vaccine for coronavirus?



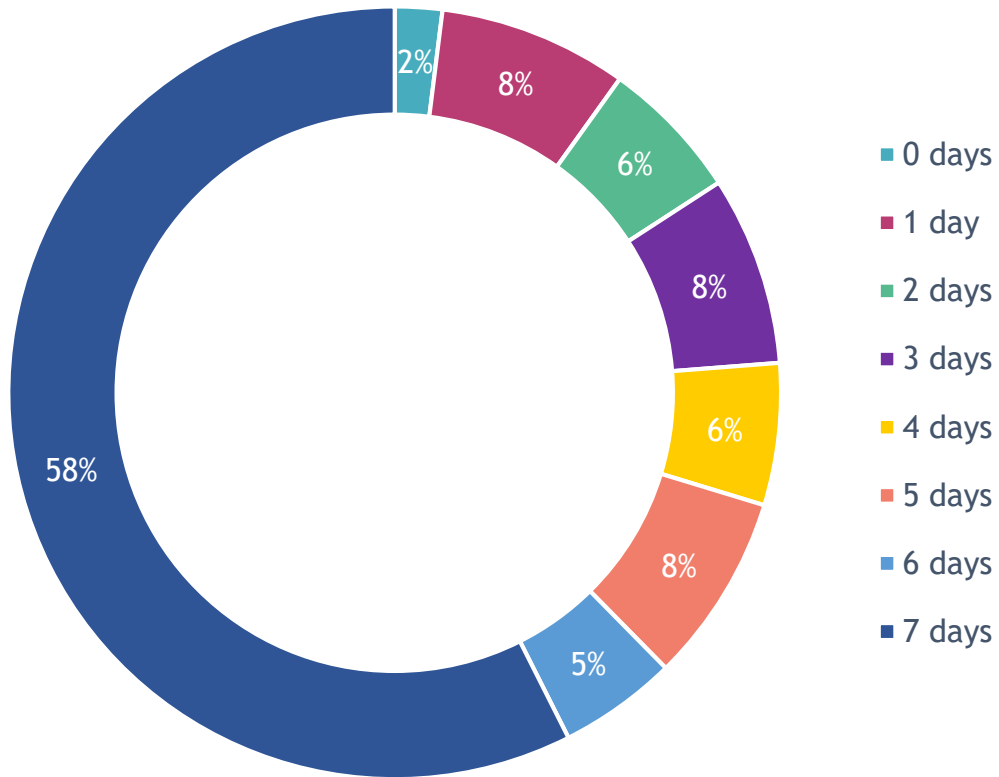
*Of participants having had two doses but not yet had a booster#*

## If you were offered a vaccine booster jab for coronavirus, would you want to have one?



\*Had two vaccine doses and a booster; no participants reported having had 1 dose only; #Unweighted data.

## In the past 7 days, on how many days have you left your home or garden?



## In the past 7 days, on how many days have you left your home...

	0 days	1-2 days	3-4 days	5+ days
...to work	52%	9%	9%	30%
...to shop	15%	47%	24%	14%
...to exercise	39%	19%	16%	27%
...to meet family/friends	36%	42%	11%	10%
...to eat at a café, pub or restaurant	55%	36%	6%	3%
...for a drink in a pub or bar	69%	24%	6%	1%

Over the past week, how much have the following been worrying you?

	Not at all	A little	A lot
Other health issues not related to coronavirus	54%	30%	15%
Losing someone you love to the virus	34%	36%	29%
The wellbeing of your children*#~	24%	35%	41%
Your children's education*#~	19%	31%	50%
Losing your job or not being able to find one#~	76%	14%	10%
Your finances	61%	26%	12%
Going out in public places#	36%	44%	21%
The impacts of Brexit	56%	26%	17%

## Compared to early last year, before the coronavirus situation, would you say your quality of life has...?





# How well are we handling coronavirus?

## Do you think the restrictions in place to manage coronavirus are...

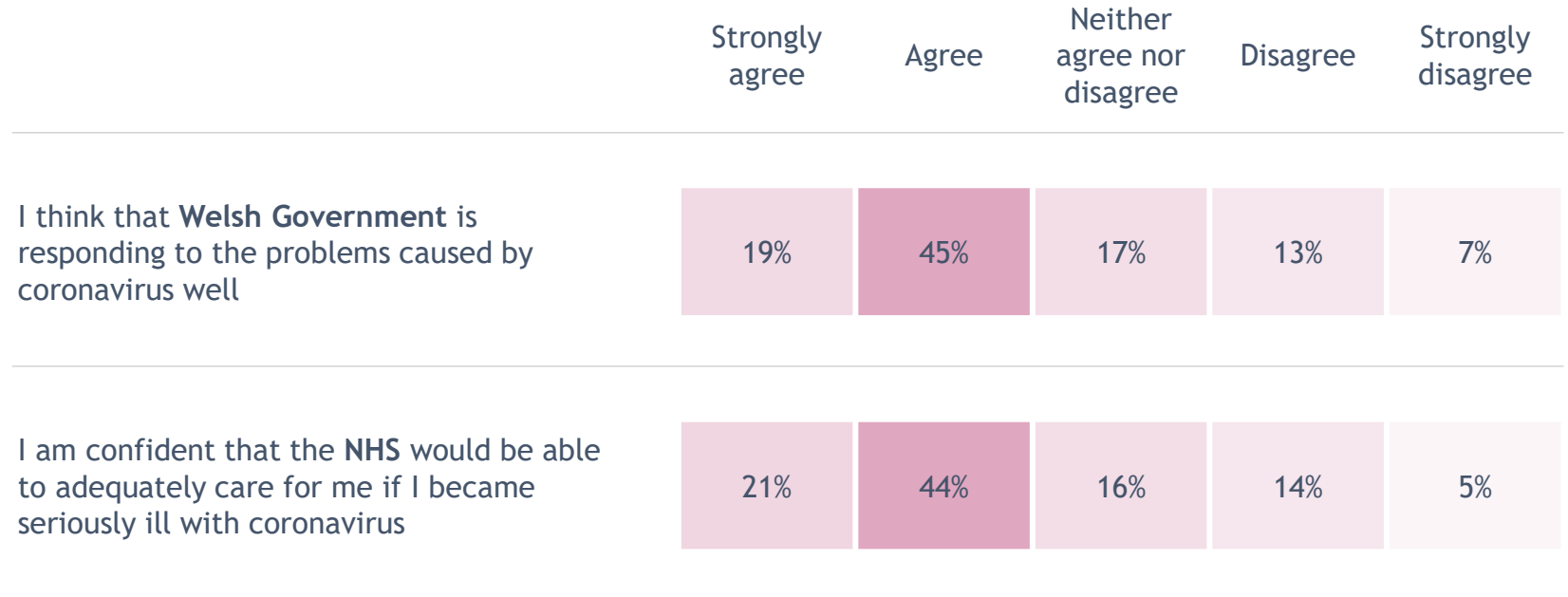
Too little 26%



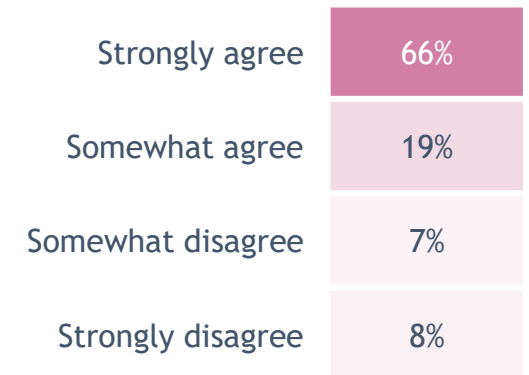
About right 62%



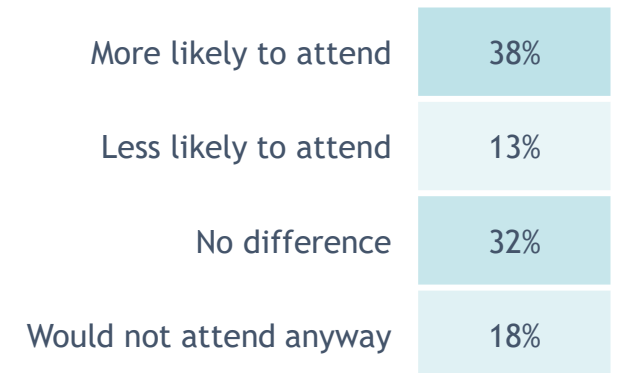
Too much 12%



In Wales, people are now required to show either an NHS COVID Pass proving they are fully vaccinated, or a negative lateral flow test, in order to go to cinemas or theatres. How much do you agree with this policy?



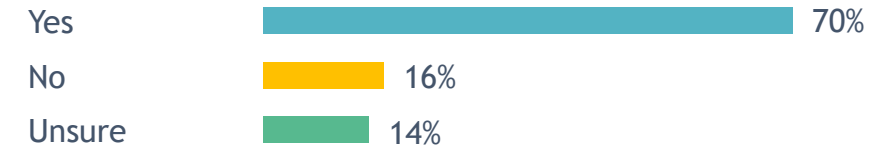
Will the requirement to show an NHS COVID Pass or negative lateral flow test make you more or less likely to go to a cinema or theatre?



Do you support the continued requirement for face coverings in shops and other indoor public places in Wales?

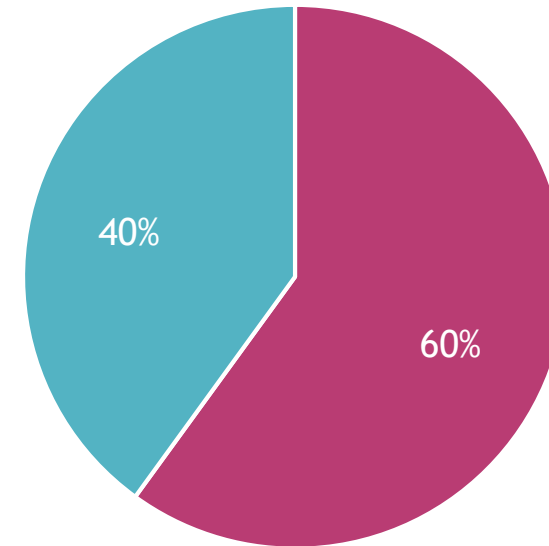


Do you think we will see other restrictions such as social distancing and pub closures brought back in Wales at any point in the next 6 months?



Which of these would worry you more?

- Catching coronavirus
- Wales going back into lockdown



Now that most coronavirus restrictions have ended, which of these, if any, are you continuing to do?

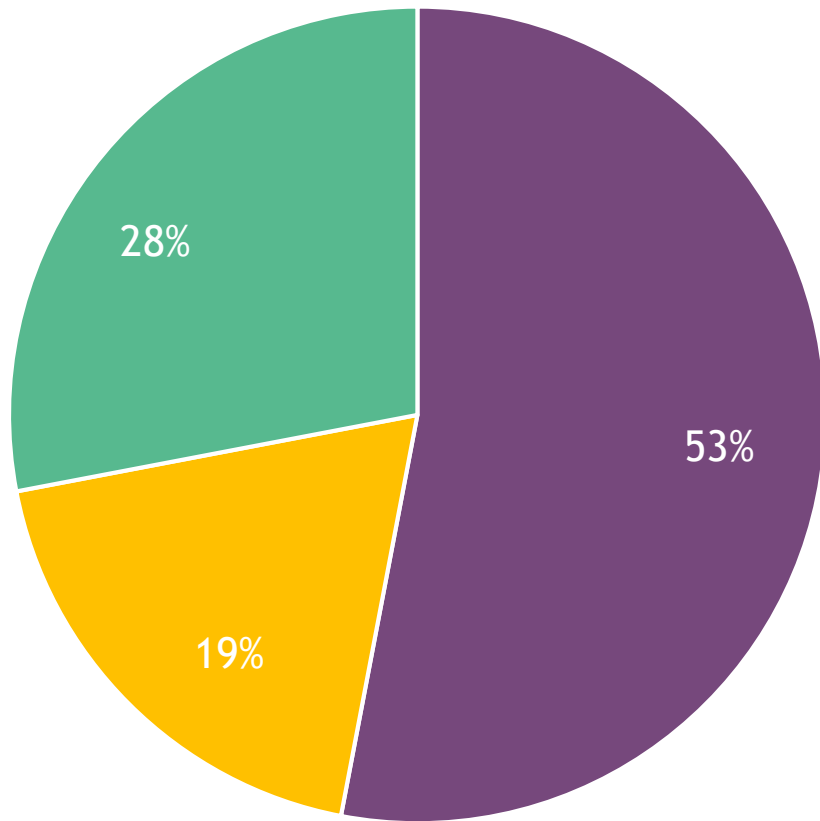


\*Unweighted data, excludes those responding 'not applicable'.

Of this list of potential policy areas, which do you think should be the first, second and third priorities over the next 12 months?

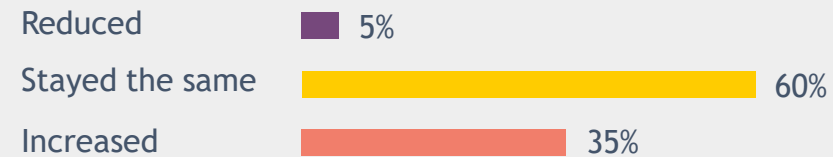
	1 <sup>st</sup> priority	2 <sup>nd</sup> priority	3 <sup>rd</sup> priority	Included in top three priorities
Coronavirus	44%	20%	13%	77%
NHS waiting lists	31%	31%	15%	77%
Mental health	7%	18%	20%	44%
Education	7%	10%	17%	34%
Climate change	7%	10%	17%	33%
Brexit	2%	7%	10%	19%
Unemployment	3%	4%	8%	15%

Thinking about the future of Wales, in your opinion which of these three issues would be most important?

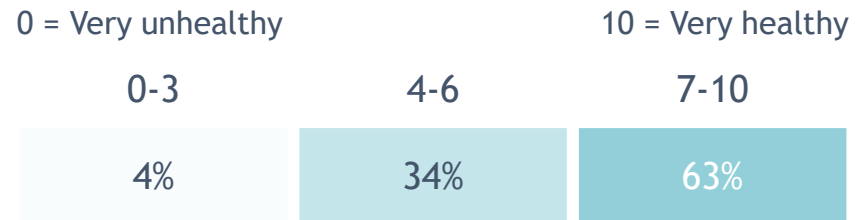


- Improving healthcare so that people can live healthier lives for longer
- Making society more equal and fairer for all people
- Protecting the planet for future generations

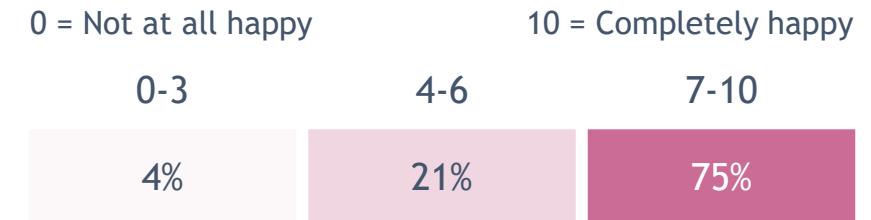
Compared to early last year, before the coronavirus situation, would you say your concerns about climate change have...?



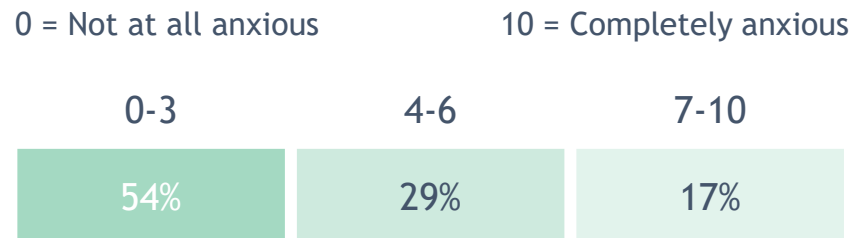
## How healthy do you feel today?



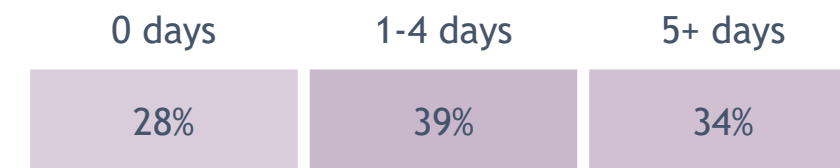
## How happy do you feel today?



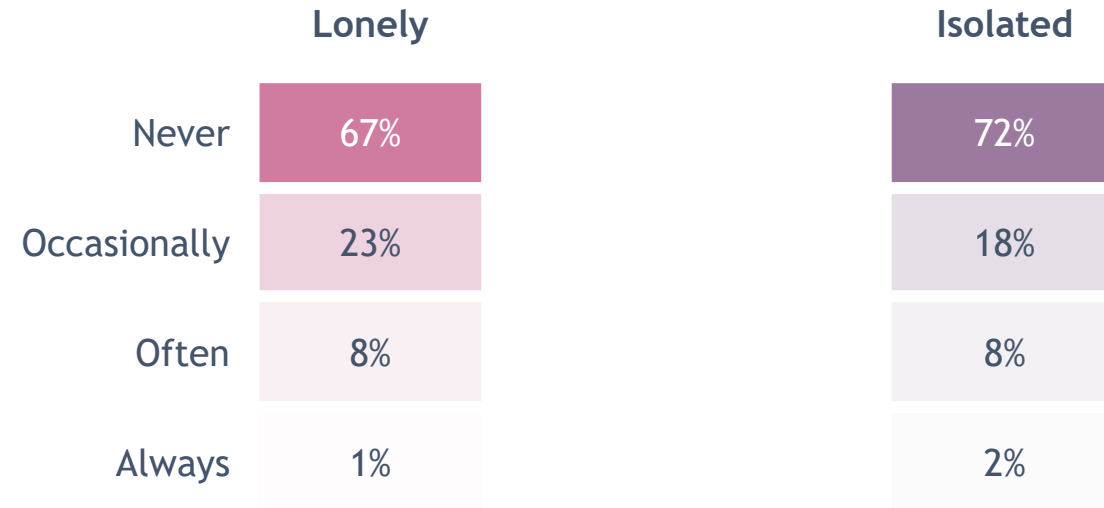
## How anxious do you feel today?



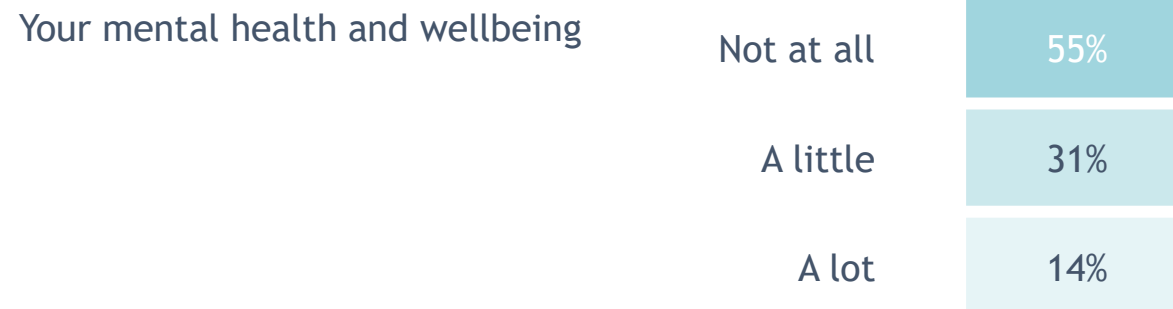
## On how many days in the last week did you do at least 30 minutes physical activity (enough to make you out of breath)?



In the last week, how often have you felt...



Over the past week, how much has the following been worrying you?





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## Enquiries

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### Analytical support

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on Investment for  
Health and Well-being

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## How are you doing?

For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:  
**[phw.nhs.wales/howareyoudoing](https://phw.nhs.wales/howareyoudoing)**

