



# Iechyd Rhyngwladol International Health

## Newsletter

<a href="#">European Public Health Week</a>	1
<a href="#">Global Citizenship</a>	1
<a href="#">International Health Case Study</a>	2
<a href="#">International Learning</a>	3
<a href="#">Opportunities</a>	3
<a href="#">IHCC Progress Report</a>	3
<a href="#">Scottish Global Citizenship</a>	4
<a href="#">Horizon Scanning</a>	4
<a href="#">World Health Day</a>	4
<a href="#">WHO/Europe High-Level Forum</a>	5
<a href="#">CPTPP trade deal</a>	6
<a href="#">IANPHI Annual Meeting</a>	6
<a href="#">Upcoming events</a>	6



## PILOT: May 2023

### European Public Health Week 22nd-26th May



The European Public Health Week 2023 will be held from 22-26 May. The overarching theme is 'Public health: Global issues, local actions'. Each day of the week will have its own daily theme:

**Monday 22 May: Mental health for all**

**Tuesday 23 May: Diversity in health**

**Wednesday 24 May: Access to care**

**Thursday 25 May: Prevention and control of chronic diseases**

**Friday 26 May: Global health emergencies and response**

### Global Citizenship



**Global Citizenship Workshop** - Friday 26<sup>th</sup> May 10am. Part of European Public Health Week, Hosted by the **International Health Co-ordination Centre (IHCC)**, in partnership with The **Welsh Centre for international Affairs (WCIA)**.

For the full modules visit [my.esr.nhs.uk](https://my.esr.nhs.uk) learner homepage and search for **Global Citizenship Core Module**

OR log in to your account at [learning.nhs.wales](https://learning.nhs.wales) and search for **Global Citizen Programme**

# 'Amanda in Uganda'

## *International Health Case Study: My International Learning Opportunity Experience*



'In 2006 I studied Tropical Nursing at the London School of Hygiene and Tropical Medicine and since then I have had an interest in overseas development work in health.

Moving to Wales, I noted that there were strong partnerships with countries in Africa. I applied for the International Learning Opportunities programme (ILO) in 2022 to utilise my skills in public health and infection control. The "new normal" is seeing emerging infectious disease that threaten millions of people across the globe which are no longer restricted to any single country. Understanding the challenges in context are important in developing control measures.

I was matched with an organisation called Teams4U. The organisation has a successful Water and Sanitation Health Programme (WASH) providing health care facilities and district hospital with running water. The founder was in country when I arrived, and I accompanied the team in watching borehole drilling for water! It was a very exciting experience.

The ILO is for 8 weeks, so I designed a project utilising improvement methodology and agreed this with partners; the first 2 weeks were undertaking observations/assessments of IPC and discussing the challenges with staff. I became aware of an overuse of antibiotics and decided that this may be an opportunity to identify a baseline of prescribing antimicrobials in the district hospital.

Having met with the IPC committee in the district hospital, a prescribing point prevalence survey (PPS) was agreed. I received a wonderful "shower" of petals, as thanks for supporting their hospital. I registered the hospital with the Global PPS with the medical records admin. Results showed an overall prescribing rate of 71.2 % (48/66) which was high compared to the other regions. Six of seven new-borns were on antibiotics (85.7%). Broad spectrum antibiotics were mainly prescribed with a high use of cephalosporins (Ceftiaxone). All prescribing was empirical, guideline compliance was suboptimal and surgical prophylaxis was prolonged and against guidance in Uganda.

Developing these skills in leadership and coordination were invaluable, problems such as documentation and interpretation of the notes were solved in collaboration. Participating staff commented on how much they had learnt about antibiotic resistance and about the lack of indication for use.

Feedback was given at several forums, meant the Medical Superintendent and District Health Officer "now had the evidence" and an antimicrobial Stewardship Committee was established and met to take the recommendations forward.

I developed my skills and built new networks with international organisations including the Global PPS coordination centre, Commonwealth Pharmacists Association, international training teams in safe reprocessing of equipment.

My aim on return to the UK is to continue to support Teams4U remotely and to return to Uganda in the future to undertake future projects and to check on my mango tree that I planted!

**Amanda Daniel, Lead Nurse Specialist IPC – Primary and Community Care, HARP Team, Public Health Wales**



# Hub Cymru Africa's International Learning Opportunities programme

An opportunity to learn, support and contribute to projects and organisations within sub-Saharan Africa. For more information and to get involved in this exciting programme from Hub Cymru Africa and Welsh Government, please click on the link:

[International Learning Opportunities Programme - Calling Healthcare Professionals | Hub Cymru Africa](#)



## IHCC Progress Report

The report showcases International Health Activity across NHS Wales from 2018-2022 including:

- Charter Implementation Toolkit Re-sign
- Charter Toolkit Evaluation
- Health Boards and Trusts International collaborations taking place despite COVID-19
- Global citizenship training



You can find the new report [HERE](#)



## In Retrospect....

### NHS Scotland Global Citizenship conference 25<sup>th</sup> April 2023



The 2023 NHS Scotland Global Citizenship conference explored some issues within global health and health partnerships and shared ways in which individuals and groups, can ensure they do not continue.

You can watch the event on the following link:

[https://book.shsc.scot/shsc/frontend/reg/tOtherPage.csp?pageID=195362&ef\\_sel\\_menu=3830&eventID=486](https://book.shsc.scot/shsc/frontend/reg/tOtherPage.csp?pageID=195362&ef_sel_menu=3830&eventID=486)

### international Horizon Scanning and Learning Summary Calendar

Public Health Wales has published its third **Summary Calendar of International Horizon Scanning Reports**.

The Summary Calendar presents a short and interactive overview of the seven International Horizon Scanning Reports from 2022-23.

Each of the summaries includes an overview of each report topic, international case studies, and links to related work in Public Health Wales and Welsh Government. The reports, which are published every two months, offer a brief snapshot of current evidence, policy and practice, sharing relevant country examples and international bodies' guidance and principles.

The Summary Calendar can be viewed [HERE](#).

## World Health Day 7<sup>th</sup> April 2023



WHO's 75th anniversary year is an opportunity to look back at public health successes that have improved quality of life during the last seven decades. It is also an opportunity to motivate action to tackle the health challenges of today – and tomorrow. [Find out more about World Health Day 2023: Health For All.](#)

Spanning its 5th year, the [WHO Collaborating Centre \(WHO CC\) on Investment for Health and Wellbeing](#) at Public Health Wales has been working closely with the WHO, the Welsh Government, and other national and international key stakeholders and partners, to enable and support policies and investments towards healthier, more equal, prosperous and resilient populations, communities, economies and planet.

The WHO CC has been also working across Public Health Wales and the NHS to promote and facilitate international learning and innovation in Wales, as well as visibility of Wales' public health assets and expertise across the world. Key achievements of the WHO CC over the past five years include the work of the Health and Sustainability Hub, championing sustainability in line with the world-leading Well-being of Future Generations Act and strengthening the case for investing in public health and prevention through our health economics and social value work.

# WHO/Europe High-Level Forum on Health in the Well-Being Economy 1<sup>st</sup>-2<sup>nd</sup> March 2023



## WHO/Europe High-Level Forum on Health in the Well-Being Economy

The High-level Forum on 'Health in the Well-being Economy' held on 1-2 March 2023 at UN City in Copenhagen to discuss how we can create a Well-being Economy through putting well-being at the heart of public and business policies and investments. The Forum brought together high-level delegations from over 30 countries including from ministries of health, finance and economy, together with government advisors working on recovery, resilience and sustainable development policies, public health policy-makers, and representatives of national and international banks, nongovernmental organizations, the United Nations and European Union agencies. The Forum showed how countries are already shifting investment, spending and resources and inspired countries to unlock investments and create healthy, fairer and more prosperous societies for today and the next generation through a well-being economy approach.

### Key speakers included:

- Dr Hans Henri P. Kluge, WHO Regional Director for Europe;
- Katrin Jakobsdóttir, Prime Minister of Iceland;
- Professor Mario Monti, Former Prime Minister of Italy and European Commissioner;
- Professor Sir Michael Marmot, Director, Institute of Health Equity, University College London.

### Welsh participants in plenary and parallel sessions included:

- Eluned Morgan, Minister for Health and Social Services, Wales
- Frank Atherton, Chief Medical Officer, Wales
- Sophie Howe, former Future Generations Commissioner
- Tracey Cooper, Chief Executive, Public Health Wales
- Sumina Azam, Acting Director, WHO CC on Policy and International Health, Public Health Wales
- Mariana Dyakova, Consultant in Public Health and International Health Lead, WHO CC, Public Health Wales
- Anna Stielke, International Evidence Development Officer, WHO CC, Public Health Wales

The Deep Dives from the conference can be found [HERE](#).





# The CPTPP trade deal is a major threat to public health and warrants a health impact assessment (HIA)

A new journal paper has been published in the BMJ with co-authors from the WHIASU team, which looks at the health implications of the UK's decision to join one of the world's largest free trade agreements, the Comprehensive and Progressive Agreement on Trans-Pacific Partnership (CPTPP). The paper recommends that the government should perform a health impact assessment (HIA) on the deal as one hasn't been carried out during the accession process.

If you would like to read the full paper, please click [HERE](#).

## IANPHI Annual Meeting



The 2023 IANPHI Europe Annual Meeting took place on April 20-21, 2023 in Lisbon, Portugal, hosted by the Instituto Nacional de Saúde Dr. Ricardo Jorge (INSA). This year's theme was "Public Health and Wellbeing in the Next 10 Years: New Challenges, New Responses?"  
For more information, please click [HERE](#).

## Upcoming Activities & Events

**The Global Solidarity Summit Tuesday 23rd May at 9:30-17.00 BST** [Register via Eventbrite](#)

**[Global Citizenship Workshop](#)** - Friday 26<sup>th</sup> May 10 BST

**[Bevan Commission Conference; Transforming the future of health and care together. Celtic Manor, Newport, 5th-6th July 2023](#)**

**[Public Health Wales Diaspora Staff and Global Health Survey](#)**

## Get In Touch

If you have any stories or international projects you wish to be featured in our upcoming newsletters, please email:

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